

# Monday 12th May 2025

## Breast Surgery

Time	Speaker Name	Talk Title
08:30	N/A	Welcome refreshments & registration
09:00	James McDiarmid & Shailesh Vadodaria	Welcome
	CHAIRPERSON	Jim Frame and Hazem Alfie
09:10	Umar Daraz Khan	De-Epithelialised dermoglandular flaps for explantation mastopexy
09:30	Nora Nugent	Tuberous breast management
09:50	Amin Kalaaji	Fat grafting in breast aesthetic surgery
10:10	Amin Kalaaji	Fat grafting 'conversion cases'
10:30	Peter Cranstone	Rollercoaster ride on breast implants - historical overview
10:50 - 11:20 TEA BREAK		
	CHAIRPERSON	Elaine Sassoon
11:20	Guilherme Bersou SILIMED	Anatomical implants and 24h recovery. The state of the art breast augmentation surgery
11:40	Sukru Yazar - Turkey	Technique selection in augmentation mastopexy
12:00	Sukru Yazar - Turkey	Correction of the tuberous - Tubular breast deformity
12:20	Elena Proussaskaia	My evolution in tubular breast corrections
12:40	Nora Nugent	Recent update on ALCL BII and unknown unknowns
13:00 - 13:40 LUNCH BREAK Tim Brown - Towards and evidence based sizing system for breast implant sizing VIRTUAL		
	CHAIRPERSON	Khalid Khan
14:00	Chris Nichols - VIRTUAL	The role of cryo preserved fat storage
14:20	Alessandro Morelli-Coghi - ITALY	Anatomical plan for a perfect dual plan technique breast augmentation
14:40	Umar Daraz Khan	Dynamic breasts. Pathophysiology and its treatment using high transverse capsuloplasty muscle splitting technique
15:00	Medical tourism - round table Sukru Yazar, Nora Nugent, Maniram Ragbir, James McDiarmid, Shailesh Vadodaria	
15:30 - 15:50 TEA BREAK		
	CHAIRPERSON	Atul Khanna
15:50	David Ross - UK	Abdominoplasty
16:20	Maniram Ragbir - VIRTUAL	Augmentation with mastopexy - overview
16:40	Jeyaram Srinivasan	Gynaecomastia and controversy of periareolar approach
17:00	Aesthetic Plastic Surgery Training - round table Nora Nugent, Maniram Ragbir, Chris Caddy, James McDiarmid, Michael McBride, Susan McCrossan, Ammar Allouni, Mark Henley, Noemi Kelemen	
17:30	MEETING CLOSE	



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# Monday 12th May 2025

## Regenerative Medicine

TIME	SPEAKER	TALK TITLE
09:30	N/A	Welcome registration & refreshments
10:00	Ali Ghanem	Introduction
<b>Injectable Aesthetic</b>		
10:10	Ali Ghanem	A whole face technology based approach to face and neck aesthetics - workshop
10:40	Anna Maria Fenech Magrin	Addressing volume loss of the peri-orbital area
11:10	Hassan Soueid	Addressing volume loss of the lower face
<b>11:30 TEA BREAK</b>		
<b>Key note speech: Fat transfer and regenerative cell of adipose origin</b>		
12:00	Mahira Tanovic	Evolution of fat transfer for comprehensive face and body aesthetic application
12:40	Ali Ghanem	The role of permanent threads in a plastic surgeon armamentarium
<b>13:00 LUNCH BREAK</b>		
<b>Laser and energy devices : mini-invasive intervention</b>		
14:00	Anna Maria Fenech Magrin	Combining PICO second lasers and regenerative molecules for skin rejuvenation
14:20	Ali Ghanem	Multiwave length approach to full field skin rejuvenation
14:40	Quentin Frew	CO2 lasers aesthetic applications - lessons learned from burn care
15:00	Ahmed Kassas	Electromagnetic stimulation and its role in aesthetic practice
<b>Regenerative molecule and combined treatment</b>		
15:15	George Christopoulos	Combining radiofrequency energy devices with polynucleotides & exosomes in modern aesthetics
15:45	Hassan Soueid	Collagen stimulating with calcium hydroxylapatite
16:15	Ali Ghanem	Exosomes new molecules and the storms of hype in aesthetic regenerative practice
16:45	Round table	Discussion
17:00	<b>MEETING CLOSE</b>	

# Conical profile implant **ADVANCE**

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## **Advantages** and **benefits:**

- ▶ Lifting without mastopexy scars
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- ▶ Natural projection, with a younger appearance.

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08:30	REFRESHMENTS & REGISTRATION	
08:50	Muhammad Riaz & Omar Tillo & Anca Breahna	Welcome
	<b>CHAIRPERSON</b>	<b>Awwad Awwad and Hazem Alfie</b>
09:00	<i>Ian Hunt</i>	3D Computer Designed Custom-made implants and other techniques for the correction of pectus excavatum
09:20	<b>Suleyman Eserdag - TURKEY</b>	Functional and aesthetic management of labia minora and clitoral hood
09:40	<b>Suleyman Eserdag - TURKEY</b>	Nonsurgical aesthetic management of external genitalia
10:00	<b>Suleyman Eserdag - TURKEY</b>	Vaginal tightening
10:20	Eesha Joshi, Shailesh Vadodaria, Khurshid Alam & Ashish Magdum	Labia minora reduction - is it an aesthetic or functional operation - retrospective audit of 105 patients
10:40	Anca Breahna	Wedge VS Trim Labiaplasty; Which one should i choose
11:00	Shirin Lankani	RF female intimate rejuvenation
<b>11:20 TEA BREAK</b>		
	<b>CHAIRPERSON</b>	<b>Anca Breahna &amp; Shailesh Vadodaria</b>
11:40	<b>Sanjay Parashar - DUBAI</b>	Aesthetic outcome of liposuction - surgeon vs device? my current approach after 30 years
12:00	Omar Tillo	Calf Augmentation: Fat Transfer, Standard Implants and and Computer Designed Custom-made Implants
12:20	Garrick Georgeu	Are day case mummy makeovers safe?
12:40	Garrick Georgeu	Brazilian lipoabdominoplasty - what, how, who and why
12:40	Neeraj Kumar	Functional and aesthetic Labia Minora reduction using the Mass and Hage technique - A 25 year evolution
<b>13:00 - 14:00 LUNCH BREAK</b>		
	<b>CHAIRPERSON</b>	<b>Stefano Cotrufo</b>
14:20	<b>Dan Del Vecchio - USA</b>	Evolution of fat in cosmetic breast surgery
14:40	<b>Dan Del Vecchio - USA</b>	Muscle contouring with Fat Grafting
15:00	<b>Francois Petit - FRANCE</b>	Buttock cosmetics : fat, fillers, implants. A comprehensive review of the options
15:20	<b>Francois Petit - FRANCE</b>	Buttock cosmetics and gluteal implants : why and how
15:40	<b>Dan Del Vecchio - USA</b>	Revision Brazilian Butt lift
<b>16:00 - 16:20 TEA BREAK</b>		
	<b>CHAIRPERSON</b>	<b>James McDiarmid</b>
16:20	Fulvio Urso-Bairada	Renuvion VS Bodytite
16:40	Petra Erving	The lymphatic systems role in wound healing and how manual lymphatic therapy improve the recovery process for the patient
17:30	<b>MEETING CLOSE</b>	



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## Practice Management

Time	Speaker Name	Talk Title
08:30	REFRESHMENTS & REGISTRATION	
09:00	Muhammad Riaz & Omar Tillo & Anca Breahna	Welcome
	<b>CHAIRPERSON</b>	<b>Simon Perkins and Naveen Cavale</b>
09:20	Veronica Donnelly	Aesthetic VAT update
09:40	Naveen Cavale	3 years of experience of hospital ownership GARRICK
10:00	Simon Perkins and another from med-mal team	Claims (consent, good documentation, dealing with difficult patients)
10:30	Claire Anderson and Ruth Crackett	Regulatory (what to do if faced with a GMC investigation, or a CQC complaint against the clinic)
<b>11:00 TEA BREAK</b>		
	<b>CHAIRPERSON</b>	<b>Gary Monaghan and Shailesh Vadodaria</b>
11:20	Betul Milliner and Georgina Jones	Social media – use and risks (eg online criticism/reviews by patients, and the risks to surgeons from using social media)
11:40	Gary Monaghan	Indemnity cover for surgeons and clinics
12:00	Allmed Pro	Optimising the relationship between indemnity broker, underwriter and the surgeon.
12:20	Alessandro morelli coghi	The fine art of consultation; how to maximise your conversion rate
12:20	Sanjay Parashar	The aesthetic industry maze: Easy to enter, hard to exit - Mastering the skill to sustain and succeed
12:40	Ajay Mavinkurve, Neeraj Arora	Selling a aesthetic plastic surgery clinic
<b>13:00 LUNCH BREAK</b>		
	<b>CHAIRPERSON</b>	<b>Jonathan Britto &amp; Mark Henley</b>
14:00	<b>Difficult Patient- round table - Chair: Jonathan Britto &amp; Simon Perkins</b> Fulvio, James McDiarmid, Mark Henley, Garrick Georgeu	
15:00	Mark Henley	ESPRAS - Supporting surgeons and trainees
<b>15:10 TEA BREAK</b>		
	<b>CHAIRPERSON</b>	<b>Hazem Alfie, James McDiarmid &amp; Ammar Allouni</b>
15:40	Fulvio Urso-Baiarda	Managing the Berkshire Grove Hospital - lessons learnt in 3 years at Berkshire grove hospital
16:00	Sanjay Parashar	The aesthetic industry maze: Easy to enter, hard to exit - Mastering the skill to sustain and succeed
16:20	James McDiarmid	Diversify your portfolio
16:40	David Staughton	AI made easy for plastic surgeons
16:55	David Staughton	Pricing confidence - how to get set and get the right fee
17:10	Ammar Allouni	Recently moved to the Middle East, My experience and challenges in the aesthetic practice
17:30	<b>MEETING CLOSE</b>	



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# Wednesday 14th May 2025

## Rhinoplasty

Time	Speaker Name	Talk Title
08:30	REFRESHMENTS & REGISTRATION	
09:00	Aenone Harper-Machin & Abid Rashid & Tariq Ahmad	WELCOME
	<b>CHAIRPERSON</b>	<b>Makaraand Tare &amp; Tariq Ahmad</b>
09:10	Alwyn D'Souza	Pros and cons of preservation rhinoplasty
09:30	Lucian Ion	Hybrid approach to nasal dorsum reduction
09:50	Lucian Ion	Management of high septal deviations
10:10	Taimur Shoaib	My personal approach for closed rhinoplasty
10:30	Sandeep Paun	Cadaveric frozen rib rhinoplasty - an 8 year review
11:00	Sandeep Paun	Managing the thick skin rhinoplasty patient
11:30	TEA BREAK	
	<b>CHAIRPERSON</b>	<b>Muhammad Riaz &amp; Fas Arshad</b>
11:50	<b>Ramon Tarragona - SPAIN</b>	Preservation rhinoplasty
12:10	<b>Ramon Tarragona - SPAIN</b>	My approach to secondary cases, rhinoplasty video step by step
12:30	Rajan Uppal	My rationale of doing closed preservation rhinoplasty
13:00 LUNCH		
	<b>CHAIRPERSON</b>	<b>Rajan Uppal</b>
14:00	<b>Sureyya Seneldir - TURKEY</b>	Safe and effective grafts in Rhinoplasty (Sustainability for the nose, 1. Crooked Nose 2. Effective grafts in Rhinoplasty 3. How can we create an ideal nasal tip)
14:30	<b>Sureyya Seneldir - TURKEY</b>	Dorsal Augmentation
15:20 TEA BREAK		
	<b>CHAIRPERSON</b>	<b>Makarand Tare &amp; Sandeep Paun</b>
15:50	Jag Chana	My experience of incorporating preservation rhinoplasty into my practice
16:20	Ali Ghanem	Non surgical rhinoplasty
17:00	CHAIRMAN'S CLOSING COMMENTS	

Wednesday 14th May 2025

# Facial & Oculoplastic Surgery

Time	Speaker Name	Talk Title
08:30	REFRESHMENTS & REGISTRATION	
09:00	Muhammad Riaz & Omar Tillo & Anca Breahna	Welcome
	<b>CHAIRPERSON</b>	<b>Shailesh Vadodaria, Jeya Prakash and Mahendra Kulkarni</b>
09:10	Naresh Joshi - <i>virtual</i>	Oculoplastic surgery - 40 years of personal perspective
09:40	Andre Ismail - <i>virtual</i>	Management of chemosis and ectropion following aesthetic lower blepharoplasty - functional point of view
10:00	Jag Chana	Minimising complications using transconjunctival lower blepharoplasty approach
10:20	<b>Samir Ghoraba - EGYPT</b>	Anatomy of deep plane in facial aesthetics
<b>10:50 TEA BREAK</b>		
	<b>CHAIRPERSON</b>	<b>James McDiarmid &amp; Bhagvat Mathur</b>
11:00	<b>Samir Ghoraba - EGYPT</b>	Deep plane face lift - Why and how
11:30	<b>Louise Vennegaard - DENMARK</b>	Preservation deep plane face lift - the safe way
11:50	Dan Saleh	deep plane face/neck lift
12:10	Shailesh Vadodaria	Face neck lift under local anaesthetics sedation in a stand alone day case centre
12:30	Tariq Ahmad	Double loop mattress sutures and why you need to know about them
12:50	<b>Louise Vennegaard - DENMARK</b>	Deep plane neck lift; Strategies for optimising results
13:10	Hemin Sherrif	My technique for optimising gliding browlift
<b>13:10 - 14:10 Lunch</b>		
	<b>CHAIRPERSON</b>	<b>Fas Arshad &amp; James McDiarmid</b>
14:10	<b>Ramtin Kassir - USA</b>	Endoscopic deep plane browlift
14:30	<b>Ramtin Kassir - USA</b>	The facial Nerve, precision ligament release and deep plane neck - anatomy and pearls
14:50	<b>Ramtin Kassir - USA</b>	Kassir facelift 2.0 - What i am doing differently now
15:10	<b>Sanjay Parashar- DUBAI</b>	My face/neck lift approach under local anaesthetic - role of pseudoundermining
<b>15:40 TEA BREAK</b>		
	<b>CHAIRPERSON</b>	<b>Abid Rashid &amp; Tariq Ahmad</b>
16:00	<b>Jacques van der Meulen - NETHERLANDS</b>	AI in Aesthetics
16:40	James McDiarmid	Multi-Modality face lift
16:50	<b>Ramtin Kassir - USA</b>	Advanced techniques in deep plane facelifting
<b>17:10</b>	<b>CHAIRMAN'S CLOSING COMMENTS</b>	



**TO BOOK TICKETS CLICK**  
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**Hotel accommodation**  
**recommendations**

**Premier Inn Chelmsford City Centre**  
**hotel**

**Travelodge Chelmsford The County**  
**Hotel**

**Boswell House Hotel Pontlands Park**

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# Chelmsford campus

Bishop Hall Lane, Chelmsford, Essex CM1 1SQ



- |                    |                              |                               |
|--------------------|------------------------------|-------------------------------|
| Disabled parking   | Student accommodation        | William Harvey Building (WHB) |
| Cycle parking      | Sawyers Building (SAW)       | Michael Salmon Building (SAL) |
| Motorcycle parking | Queen's Building (QUE)       | Mildmay Gym & Sports Hall     |
| Toilets            | Lord Ashcroft Building (MAB) | The MedBIC (BIC)              |
| Restaurant / cafe  | Marconi Building (MAR)       | School of Medicine            |
| Smoking area       | Tindal Building (TIN)        |                               |
| Lifts              |                              |                               |

